

Future Directions with Our Partners

- ✓ Establishing East Africa's first **Department of Nutrition Management** at Teofilo Kisanji University (TEKU).
- ✓ Expanding **regional professional networks** across 12 East African countries.
- ✓ Developing **digital learning platforms** for blended and accessible training.
- ✓ Scaling up **school meal and nutrition education models** to national level.
- ✓ Strengthening **partnerships and donor collaboration** for lasting regional impact.



Contact Us

East Africa Centre for Improvement of Nutrition (EAIN)

Teofilo Kisanji University, Mbeya, Tanzania

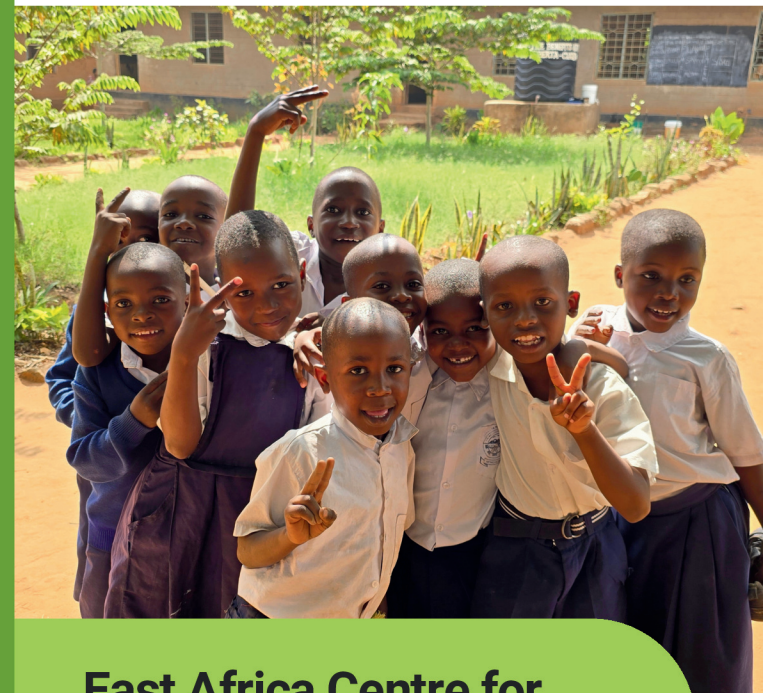
Tel.

E-mail.

Our Partners:



Since 2025



East Africa Centre for Improvement of Nutrition

*Wholistic Healthy
Changes for East Africa*



Teofilo Kisanji University P.o.Box 1104, Mbeya





About us

EAIn (East Africa Centre for Improvement of Nutrition) was established in Mbeya, Tanzania, through the collaboration of Teofilo Kisanji University (TEKU) and the 5&2 Foundation of the Republic of Korea, with WITH (Wholistic Interest Through Health) and the WITH Institute of Nutrition Improvement serving as implementation partners. The Center is dedicated to improving nutrition and promoting health among communities across 12 Swahili-speaking countries in East Africa.

Vision :

For the people of East Africa to be free from malnutrition and disease, achieving wholistic restoration through improved health and a flourishing life.

Mission :

To promote holistic health for East African communities by providing nutrition improvement, research and surveys, and customized education programs.

Core values :



Expertise Offering trustworthy solutions through professional excellence in nutrition.



Collaboration Working hand-in-hand with diverse stakeholders across the nutrition sector.



Sustainability Focusing on education and capacity-building to foster community self-reliance and nurture globally competent nutrition experts.



Empathy Approaching communities with understanding, respect, and care.



Passion Serving with dedication, effort, and commitment inspired by faith.



Key Activities :

Global Nutrition Expert Development

Training and nurturing professionals through nutrition research, surveys, and education

School & Community-Based Nutrition Intervention

Delivering science-based nutrition programs and practical solutions tailored to local needs

Wholistic Leadership Formation

Developing integrated nutrition professionals with a vision for healing and restoration

Policy Support & Advocacy

Promoting food and nutrition policies that enable self-reliance and long-term sustainability

Community Capacity Building

Strengthening community-led initiatives and establishing performance management systems to ensure lasting impact.

